



Northern Lights

February 2006

Welcome to the 1st edition of Northern Lights!

It is my aim via this newsletter to let you know what is going on in Transference Healing both locally and globally and keep you updated with new products, workshops and conferences. It is a way for me to communicate to my clients all the current news in one space, as to maximise our time together in one to one sessions.

Imbolc – 1st February

The Celtic/Pagan festival of light, Imbolc celebrates the lengthening of the day, the appearance of new life and the hope of spring growing stronger each day. This year it is clear to me how Mother Nature reflects my own inner process. These last winter months have been a dramatic time of learning, reflection and ultimately the death of my old self, it has been a difficult journey at times, but now as always that seems like the sweetest part. Now I feel the energies of rebirth, hope and abundance inside and a new chapter of my life beginning, not least with the creation of this newsletter but also the arrival of new stock, the facilitation of workshops and with my husband Phill joining me as a Transference Healing Teacher, which you can read all about further on. This Imbolc/Rebirth energy is inside us all whether we choose to take notice or not, as we are all still governed by Mother Nature even though we do not live in the same interconnected way as our ancient ancestors. With all this in mind it is the perfect time to experience and return to Transference Healing, to release yourself from the old patterns that no longer work and to join me in the joy of rebirth.

Alexis Cartwright's visit to the UK

I have spent quite a few weeks of January travelling back and forth, up and down the M1 attending workshops and spending time down south with Alexis Cartwright, the Channel and Co-Creator of Transference Healing. As always it has been a profound time of growth, change and transformation, especially with it only being 2 months since I last saw her in Australia to re-sit and complete my training. It has taught me so much about myself as a teacher, a healer and of course most importantly a human being. This wisdom, understanding and enlightenment process is of course similar to what you receive when you have a one to one session. Just like you all, I have undergone the death and rebirth process, broken down my limitations and boundaries and stepped into a new level of my destiny and purpose. Most of my time with Alexis consisted of learning to teach three Transference Healing workshops, Beyond Doorways Level 1 and Level 2 which accompany the Beyond Doorways book and the Animal Magic Workshop that works with the brand new Animal Magic Deck of cards. I have enclosed a new leaflet that explains all that you need to know about these amazing workshops and feel sure you will love them just as much as I do! They really are the next step of working through your own healing and ascension process teaching you to take responsibility for your self and empowering you to run Transference Healing procedures. In the future one person from every household will know how to run vibrational energy procedures like these as to help their friends and family maintain balance and wellness, so if you are reading this, that person is probably you!!

Early Bookings Discount

As a celebration of the new workshops and as a gift to my committed clients, I would like to offer the first 4 people to book onto the Animal Magic Workshop a discounted price of £155 and the first 4 people to book onto Doorways Level 1 Workshop a discounted price of £199. Please see the enclosed leaflet for further details. All bookings and deposit cheques must be arrive by 1st of March to receive this special offer.

Transference Healing Tools

I feel Transference Healing is the vibrational medicine of the future and an essential tool to humanity as we head towards 2012 and beyond. For this reason one of the key Transference Healing philosophies is that we empower our clients to take responsibility for their own healing and ascension process, this enables them to be clearer, happier and more fulfilled in every day life. As the client grows through this process we encourage them to run energy on themselves and loved ones and then when they are ready and if they feel this is their journey, take the steps to becoming a Transference Healing Practitioner and Teacher

Whatever level you feel you may be at in this process there are tools now available that can support you to take the next step. The main ones that I encourage you to discover are listed below.

Animal Magic Cards – Connect you to the positive healing attributes of a diverse range of global earth animals, beautiful elemental spirits and amazingly powerful mystical animals. They really make you aware of where you are at in your process and how you can take actions to manifest the next step for healing and ascension. The cards themselves blend the magic of crystals, sacred symbols and geometry and contain a powerful frequency to assist you in your journey. The accompanying book (included in the deck) gives amazing insight into each animal/elemental and is a great introduction to technology of Transference Healing and the Light Body system. The glossary at the back is an invaluable tool in itself! £46

Beyond Doorways Book by Alexis Cartwright - 512 pages packed with vital information for everyone incarnated on our planet at this time of ascension. It covers a diverse range of subjects from the Earth and human changes occurring at this time, to discovering more about your own personal Chiron Wounding. It is a reference book that can be picked up and delved into at many different levels and also a back to back read for more in depth information. The powerful tools and techniques it includes will greatly assist you to maintain balance, raise your vibration and shift your reality. You can feel the frequency of Transference Healing just by holding it. £32

Crystals - Crystals are a perfect combination of Earth and Cosmic frequencies and are amazing tools for transformation and growth. More and more crystals are coming through to support humanity as they help to create frequency shifts just like Transference Healing. They also play a very supportive role to us all, hence their inclusion in the Light Body Essences given in our one to one sessions. There is a crystal for any issue or problem that you might have, all you have to do is be guided by your intuition as to which ones can help you! You can use your crystal by carrying it in your pocket, placing it on your body, meditating with it or placing it in water to create an elixir.

The crystal kingdom is always eager to help you on your journey and is suitable for everyone, especially children as they love these beautiful manifestations of love and light. I now have a small range of high frequency crystals available for you to buy with more arriving through out the year.

Aura Essences – Created by my teacher Rena Mortimer these wonderful aura essences cleanse, direct and nourish your aura. They have been created to make you aware of your subtle bodies and recognize that they need regular attention, clearing and balancing just like our physical body. All essences are made with the finest organic pure and natural ingredients. Choose from:

Purification – Profoundly clears any energetic debris held in your aura, enabling you to let go and move on. This essence comes as a large spray as it can also be used to cleanse a room from old energies of negativity, fear and pain etc. £15

Welcome Home – For use after Transference Healing/energy work and meditation, to anchor your subtle bodies back into alignment with the earth. Great for cosmic homesickness. £10

Integration glandular – Enables the glands to absorb higher frequencies of light, transferring this into our chakras for optimum health and well being. Our glands are being constantly impacted at this time of change so this essence really helps with balancing and revitalization. £10

Integration Cellular – Working to clear and allow flow in the cells of your body as they begin to hold more light, enabling rigid patterning and density to be released. Aids the process of decoding/recoding the DNA. £10

Integration Electrical – Anchoring and integrating our Light Body awakens a whole new aspect of our electromagnetic body, this essence helps to calm and stabilize our physical body throughout this amazing process.

To celebrate the new stock and as a gift to my committed clients I am offering the first 5 people to enquire, the Beyond Doorways for £25 and the Animal Magic Cards for £39. To all clients I am also offering all 5 Aura Essences for £50.

Phill Strand and Zen Karate

As most of you know Phill my husband works in the spiritual field as a Teacher of Yoga and Martial Arts, his main focus is Zen Karate, a style of Shorin-Ryu Karate. It focuses on the art form of the Katas, a combination of moves which are used to raise dragon power or chi, to bring about a state of inner peace and strength, very similar to some of the Transference Healing procedures. Self-defence is practiced but the philosophy of this style is that the highest warrior does not need to fight...least of all with himself. As well as continuing this one to one training I am pleased to say that he is now also a certified Transference Healing Teacher after completing an intense programme of study with Alexis. The anchoring and support he has given me since the beginning of my journey has put him in fine preparation for this new role and I know his extraordinary gifts and talents will create profound shifts for his clients. Phill will be assisting me with the spring and summer workshop programme so you will get to meet him if you haven't already done so.

If you feel your partner, child or family member would benefit from Phill's one to one training in Martial Arts or Transference Healing you can contact him for further information at phillstrand@yahoo.co.uk and 01325 378027.

Price changes

Just to remind clients who have not been for a one to one session in 2006 that I have updated my pricing to £40 for an hour and a half's session as to take into consideration the new advanced procedures and training that I have undertaken since November. The advanced procedures are truly magical and they are having profound effects on clients as they work with the technology of anchoring and integrating the Light Body, an essential tool at this time of transition into the 5th Dimension. The Sirian frequency that they bring is very different to what you may have experienced in the past so why not book in to FEEL this new and very exciting "advanced" energy work!

Transference Healing Website

Just to remind you that Transference Healing has an amazing and very beautiful website at www.transferencehealing.com

It is here you can find more information on:

- ★ Alexis and the background of Transference Healing
- ★ Transference Healing channellings and articles
- ★ Mystery School Information
- ★ Advanced and Teachers training

I feel the website and all of the Transference Healing products and services really do reflect the high frequency truth and purity of this amazing healing modality!

Feedback

If you feel you have any suggestions and ideas with regards to what is included in this newsletter in the future please do let me know as your feedback is most appreciated.

I would like to close this first edition of Northern Lights by thanking you all for your custom and support since I have been here in the North of England. It is an honour for me to share in your growth and ascension process and a joy to see you transform before my very eyes.

With much love, light and peace

xxx Nicola xxx